
Academic Activities

30TH ANNUAL CONFERENCE PSA (KARACHI CHAPTER)

The 30th Annual Conference of Pakistan Society of Anesthesiologists (Karachi Chapter) was held at Hotel Marriott Karachi on 8th & 9th May 2010. The theme of the conference was "Safety First", reflecting that safe and quality practice is much needed at this time. The overall scientific activity spanned over six days. There were 5 workshops, 22 lectures, 10 resident papers, 24 posters, 2 product presentations, and 8 extremely useful and well attended breakfast sessions with experts.

The main scientific sessions (8-9 May 2010) were preceded by five pre-conference workshops in different institutions of Karachi on CPR, Airway Management, NMJ Monitoring, Acute Haemorrhage Management and Invasive Monitoring.

The Main Conference commenced on 8th May 2010 (Saturday) on time with the Guest of honour Dr. Ziauddin in the chair. Later on the chief guest of the occasion Dr. Sagheer Ahmed, H'able Minister of Health also joined.

Later on Professor and Patron of PSA Dr. S T Sultan launched PSA website. He applauded the effort of Dr. M Kashif Iqbal, an active member and an IT enthusiast, who has been working hard on the launch of website. After launching, the audience were captivated by twenty minutes of PSA-WEB presentation which covered decades of anaesthesia progress in Pakistan.

ERC GUIDELINES FOR RESUSCITATION 2010

The European Resuscitation Council Guidelines for Resuscitation 2010 provide specific instructions for how resuscitation should be practiced and take into account ease of teaching and learning, as well as the science. They were developed by Europeans and have been specifically written with European practice in mind. The Guidelines can be downloaded at the following link;

<http://www.cprguidelines.eu/2010/read.php>

BEST PICTURE COMPETITION

Apicare proudly announces the competition for the best picture or a graphic depiction pertaining to the specialties of anesthesiology, pain management, intensive care or resuscitation. The selected pictures will be printed on the title of the forthcoming issues of the journal, and a cash prize of Rs. 10,000.00 and a certificate will be awarded to the best entry.

APICARE IN FACEBOOK

Anaesthesia, Pain & Intensive Care is on facebook with the name of Apicare Journal. The journal also runs two groups, namely 'Apicare Journal Group' and 'Pain Fellows'. Recently, the journal has started a new page entitled 'Pakistan Resuscitation Society' to highlight the resuscitation related activities in the world and to make public the academic and training activities of the society. 'Pakistan Resuscitation Society' (**Pares**) is a non-profit, non-governmental organisation, comprising entirely of volunteers. Presently based at Islamabad, we hope to establish branches at all cities, towns and villages of Pakistan. Please visit <http://www.facebook.com/pages/Pakistan-Resuscitation-Society/313782574532>

2ND WORKSHOP ON PAEDIATRIC & NEONATAL MECHANICAL VENTILATION

The workshop was organised at the occasion of 7th Annual Symposium at Library Hall, 3rd Floor Diagnostic Block of The Children's Hospital & The Institute of Child Health Lahore, on Monday, December 6, 2010, from 9:00am-1:30pm. About 30 paediatric residents, registrars & ICU/neonatal nurses attended the workshop.

29th BIENNIAL MEDICAL CONFERENCE ABBOTTABAD

This conference was hosted by PMA, Abbottabad. The theme was 'CHALLENGES IN EMERGENCY HEALTH CARE'. Registration and Accommodation (Separate Male and Female) for Junior Doctors,

Medical Students and Post Graduate Trainees was arranged by PMA. A large number of delegates from across the country participated in the conference.

NEW BOOK ON PAIN

Dr. Saleh Muhammad, HoD, Dept. of Anesthesiology & Pain Management of Peoples Medical College Nawab Shah has written a beautiful book on Anatomy & Physiology of Pain. Soon it will be published and ready for distribution. We congratulate him on the great deed.

SPECIAL LECTURE ON PAIN MANAGEMENT

An invited lecture on the topic of 'Chronic Spinal Pain, Etiology and Current Strategies to Manage it' by Dr. Talal's was arranged at CMH Rawalpindi Conference Room. General Waqas, Brig Amjad Iqbal and Brig (R) Salim played a vital role in the arrangements. It was a long, very informative lecture, which covered every aspect of the chronic spinal pain and its management. About 45 participants from Rawalpindi-Islamabad and surrounding areas gathered to be benefited from the lecture.

WORLD ANAESTHESIA DAY

Anaesthesia, Pain & Intensive Care' celebrated World Anaesthesia Day, on 16 October 2010, at Islamabad Club, Islamabad. PSA, STSP and PARES collaborated in the ceremonies. Maj Gen (R) M. Ashraf Khan was the chief guest. The event started at 1930 Hrs with recitation from Holy Quran, followed by a talk on 'Introduction to World Anaesthesia Day and Brief History of Anaesthesia' by Dr. Shahida Tasneem, and a talk by Lt Col (R) Mansoor-ul-Haq on 'Activities of PSA Rawalpindi-Islamabad Chapter during 2009-2010'. An interactive session was the last item comprising of a discussion about the 'Anaesthesia Practice in Pakistan: Present and Future Perspective', moderated by Dr. Tariq Hayat Khan. A delicious 'World Anaesthesia Day' cake was cut and special souvenirs, depicting Morton administering first anaesthesia, were presented to all of the participants. Then dinner was served and a concluding session of anaesthesia related jokes and songs were the last items.

ISSN (Online)

Apicare is pleased to announce that the journal's online serial has been recorded in the ISSN Register as follows:

ISSN 2220-5799

Key title: Anaesthesia, pain & intensive care (Online)
Abbreviated key title: Anaesth. pain intensive care (Online)

Headache CME Conference

One day Conference on Headache was organized by Department of Anesthesiology, SICU & Pain Management, Peoples Medical College, Nawabshah on December 9, 2010, on various aspects of common and uncommon types of headache. It was a multidisciplinary event in which neurosurgeons, medical specialists, Neurophysicians, Anesthesiologists, Pain Physicians, Psychiatrists, Neurologists and radiologists participated. They discussed in detail, the causes, clinical features, pathophysiology and management of headache. The management options presented by multidisciplinary approach included both pharmacological and non-pharmacological, specific and nonspecific treatment modalities, including interventional approach. The last option was discussed in detail and included abridged coverage of neurosurgical, radiological and different nerve block techniques e.g. greater occipital nerve block, field block of scalp, cervical injections, trigger point injections and cervical facet injections. The conference was attended by a large crowd of under & post graduate students, junior teachers and senior faculty members. Guest professors from Liaquat Medical University Jamshoro also participated.

